

	August 2026 The Suites					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31			LEGEND AUD: Auditorium LC: Learning Centre CO: Club Office GR: Games Room MDR: Maple Dining Room CL: Cedarvale Lounge SL: Seaton Lounge L: Library (10 th Floor) T: Theatre FR: Fitness Room MR: Main Reception AL: Annex Lounge		1
10:30 Unitarian Service (LC) 11:00 Sunday Church "Freedom" with chaplain James Beck (AUD) 1:30 Catholic Communion (AUD) 2:00 Matinee Movies: "GiGi" (LC) 7:00 Film: Multum in Parvo (LC)	10:00 Quilting and Sewing Repairs (CO) 2:00 Mahjong & Open Games (AUD) 2:00 Library Tour (10th FI) 3:00 Listen to a Story (LC) 4:00 Sing Along (CL) 7:00 Film: "Incendies" (AUD)	Please note: All programs are subject to change at any time. See the daily elevator sheets for updates.				11:00 Women's Lives Discussion (LC) 2:00 Knit with Others (CO) 2:00 Scrabble (GR) 2:00/7:00 Film: "Hunt for the Wilderpeople" (AUD)
2	Civic Holiday 3	4	5	6	7	8
10:30 Unitarian Service (LC) 11:00 Sunday Church: "Conversation Over a Cool Drink" with chaplain John Duyck (AUD) 1:30 Catholic Communion (AUD) 2:00 Matinee Movies: "That's Entertainment III" (LC)	10:00 Quilting and Sewing Repairs (CO) 2:00 Mahjong & Open Games (AUD) 2:00 Library Tour (10th FI) 3:00 Listen to a Story (LC) 7:00 Film: "A Serious Man" (AUD)	11:00 Echo & Google Nest Demo (LC) 1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD) 2:00 Hobby Room (CO) 2:00-4:00 DVD Library (T) 4:00 Learn Basic French (CO) 7:00 Bridge (GR)	9:00 Philately Group (CO) 10:15/11:00 Worship: Rev. Kevin Lee, Wychwood-Davenport Presbyterian (AL /CL) 2:30 Linda Beck Presentation (AUD) 4:00 Table Tennis (GR) 7:30 RPC: Sandra Gianpapa, and Julia Hammond, classical songs (AUD)	10:00 Creative Writing (CO) 10:00/1:00 A/V Training (AUD) 2:00 Bible Discussion: "Finding New Direction" (LC) 2:00 Echo & Google Nest Demo (AUD) 4:15 Guided Meditation (GR) 7:00 Film: "A Beautiful Mind" (AUD)	9:30 News & Views (GR) 2:30 Louise & Roberta Concert (AUD) 7:00 Film: "The Queen" (AUD)	11:30 Amnesty Letter- Writing Group (AUD) 2:00 Knit with Others (CO) 2:00 Scrabble (GR) 2:00/7:00 Film: "Jurassic Park" (AUD)
9	10	11	12	13	14	15
10:30 Unitarian Service (LC) 10:45 Sunday Church: "Life in the Blood" with Chaplain John Duyck (AUD with Communion) 1:30 Catholic Communion (AUD) 2:00 Matinee Movies: "Seven Brides for Seven Brothers" (LC) 3:00 Orchestra (AUD) 7:00 Taize Under the Sky (CY Garden)	10:00 Quilting and Sewing Repairs (CO) 10:00 Spanish Group (GR) 2:00 Cards Group (CO) 2:00 Mahjong & Open Games (AUD) 2:00 Library Tour (10th FI) 3:00 Listen to a Story (LC) 4:00 Sing Along (CL) 7:00 Film: "Now Voyager" (AUD)	1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD) 2:00 Hobby Room (CO) 2:30 Catholic Mass (LC) 4:00 Learn Basic French (CO) 7:00 Bridge (GR)	9:00 Philately Group (CO) 10:15/11:00 Worship: Rev. Paul Feheley, St. Michael & Angels Anglican (AL with Eucharist/CL) 3:00 Dietitian Presentation: IBS (LC) 4:00 Table Tennis (GR) 7:30 RPC: Chris Dawes, jazz (AUD)	10:00 Writing Memories (CO) 2:00 Bible Discussion: "Don't Tell Anyone" (LC) 4:15 Guided Meditation (GR) 7:30 RPC: Jacob & Thomas, classical piano (AUD)	9:30 News & Views (GR) 11:00 Kajama Boat Cruise (MR) 2:30 SCAN! with RPC: Tanya Tsui (AUD) 2:30 Parkinson's Support Group (CO) 3:00 Listen to a Poem (GR) 7:00 Film: "Cover up" (AUD)	11:00 Women's Lives Discussion Group (LC) 2:00 Knit with Others (CO) 2:00 Scrabble (GR) 2:00/7:00 Film: "Les Misérables" (AUD)
16	17	18	19	20	21	22
10:30 Unitarian Service (LC) 11:00 Sunday Church: – "Prayer Changes Things: Which Things? (III) with chaplain John Duyck (AUD) 1:30 Catholic Communion (AUD) 2:00 Matinee Movies: "Top Hat" (LC)	10:00 Quilting and Sewing Repairs (CO) 2:00 Library Tour (10th FI) 3:00 Listen to a Story (LC) 4:00 Sing Along (CL) 7:00 Bingo Night (LC)	1:30-4:00 Computer Help (EB) 1:00 Courtyard Tours (MR) 2:00 Christie Chorale (AUD) 2:00 Hobby Room (CO) 2:00-4:00 DVD Library (T) 4:00 Learn Basic French (CO) 7:00 Bridge (GR) 7:00 Film: "Truly Madly Deeply" (AUD)	9:00 Philately Group (CO) 10:15/11:00 Worship: Esther Collier, Richmond Hill United (AL/CL) 1:00 Birthday Lunch (MDR) 2:30 Resident Services Update (AUD) 4:00 Table Tennis (GR) 4:30 Dance Class (FR) 7:00 Film: "A Special Day" (AUD)	10:00 Creative Writing (CO) 10:00 Jumbo Knitting (AUD) 2:00 Bible Discussion: "Spiritual Power" (LC) 3:00 9TH Floor Tea Party (907) 4:15 Guided Meditation (GR) 7:30 RPC: Sean Sutherland, piano (AUD)	9:30 News & Views (GR) 2:00 SCAN! Meeting (LC) 2:30 Social Stand: Gelato (AUD) 7:00 Film: "Shadowlands" (AUD)	2:00 Knit with Others (CO) 2:00 Scrabble (GR) 2:00/7:00 Film: "Eleonor the Great" (AUD)
23	24	25	26	27	28	29
10:30 Unitarian Service (LC) 10:45 Sunday Church: "Angel Stories" with chaplain John Duyck (AUD) 1:30 Catholic Communion (AUD) 2:00 Matinee Movies: "The Best Exotic Marigold Hotel" (LC) 3:00 Orchestra (AUD)	10:00 Quilting and Sewing Repairs (CO) 10:00 Spanish Group (GR) 2:00 Cards Group (CO) 2:00 Mahjong & Open Games (AUD) 2:00 Library Tour (10th FI) 3:00 Listen to a Story (LC) 4:00 Sing Along (CL) 7:00 N&H Film: "Australia" (AUD)	1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD) 2:00 Hobby Room (CO) 2:00-4:00 DVD Library (T) 4:00 Learn Basic French (CO) 7:00 Bridge (GR)	9:00 Philately Group (CO) 10:15/11:00 Worship: Rev. William Elliott, Presbyterian Church (CL) 3:00 Art Exhibit Discussion, Maureen Fitzgerald (LC) 4:00 Table Tennis (GR) 4:30 Dance Class (FR) 7:00 Film: "The Artist" (AUD)	10:00 Creative Writing (CO) 10:00 Jumbo Knitting (AUD2) 2:00 Bible Discussion: "A Mother-in-Law's Story" (LC) 4:15 Guided Meditation (GR) 7:00 N&H Film: "Impossible Planet: The Weird and Wonderful Lake Baikal" (AUD)	9:30 News & Views (GR) 11:00 Train Your Brain (GR) 2:30 Social Stand: Lemonade Bar (AUD) 3:00 Listen to a Poem (GR) 7:00 IAG Film: "Falls Around Her" (AUD)	2:00 Knit with Others (CO) 2:00 Scrabble (GR) 2:00/7:00 Film: "The Night of the Shooting Stars" (AUD)