

January 2026 The Suites						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LEGEND RPC: Residents’ Programme Committee CO: Club Office GR: Games Room FC: Fitness Centre RA: Reception EB: Events Binder CL: Cedarvale Lounge T: Theatre RR: Recreation AL: Annex Lounge AUD: Auditorium G: Gallery L: Library 10 th Floor C: Concierge		Dog Therapy with Rizzo Every Wednesday at 11:00am outside the CAFÉ.		New Years Day 1	2	3
		Please note: All programs are subject to change at any time. See the daily elevator sheets for updates.		4:15 Guided Meditation (GR) 7:00 Film: “The Terminal” (AUD)	9:30 News & Views (GR) 7:00 Film: “Earth by Deepa Mehta” (AUD)	11:00 Women’s Lives Discussion Group (RR) 2:00 Film: “The Princess Bride” (AUD) 2:00 Knit with Others (CO) 7:00 Film: “The Princess Bride” (AUD)
Daylight Saving 4	5	6	7	8	9	10
10:30 Unitarian Service (RR) 11:00 Church- “Reading the Signposts” chaplain John Duyck (AUD) 1:30 Catholic Communion (AUD) 2:00 Matinee Movies: “Philomena” (RR) 3:00 Orchestra (AUD)	10:00 Quilting & Sewing Repairs (CO) 10:00 Spanish Group (GR) 2:00 Cards Group (CO) 2:00 Scrabble and Open Games (AUD) 3:00 Listen to a Story (RR) 3:45 Sing Along (CL) 7:00 Film: “The Dead” (AUD)	1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD) 2:00-4:00 DVD Library (T) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (AUD)	10:15/11:00 Wednesday Worship: Rev. William Elliott, Presbyterian Church(AL /CL) 2:00 Linda Beck Presentation (AUD) 2:30 Catholic Mass (RR) 4:00 Dance Class (FC) 4:00 Ping Pong (GR) 7:00 Film: “All the President’s Men” (AUD)	10:00 Creative Writing (CO) 10:00 Jumbo Knitting (AUD2) 2:15 Bible Discussion: “God’s 7,487 Promises” (RR) 4:15 Guided Meditation (GR) 7:30 RPC: Daniel Barnes and his Trio (AUD)	9:30 News & Views (GR) 2:30 Parkinson’s Support Group (CO) 7:00 Film: “High Anxiety” (AUD)	11:30 Amnesty Letter Writing Group (AUD) 2:00 Film: “The Gold Rush” (RR) 2:00 Knit with Others (CO) 2:00 Scrabble (GR) 4:00 Open Art & Craft Studio (CO) 7:00 Film: “The Gold Rush” (RR)
11	12	13	14	15	16	17
10:30 Unitarian Service (RR) 10:45 Sunday Church “Consequences” chaplain John Duyck (AUD with Communion) 1:30 Catholic Communion (AUD) 3:00 Orchestra (AUD) 7:00 Taize Meditation (AUD)	10:00 Quilting and Sewing Repairs (CO) 2:00 Scrabble and Open Games (GR) 3:00 Listen to a Story (RR) 7:00 Film: “The 2nd Best Exotic Marigold Hotel” (AUD)	10:30 Residents Meeting (AUD) 1:30-4:00 Computer Help (EB) 2:00-4:00 DVD Library (T) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (AUD)	9:00 Philately Group (CO) Part 1: 9:30-11:30, Part Two: 1:00-3:00 Personality Workshop (RR) 10:15/11:00 Worship: Rev. Dayle Barrett, Timothy Eaton (AL/CL) 4:00 Dance Class (FR) 7:30 RPC: Anne Green, executive producer (AUD)	10:00 Writing Memories (CO) 10:00 Jumbo Knitting (AUD2) 2:15 Bible Discussion: “It’s All About Commitment” (RR) 3:00 2nd Floor Tea Party (2FL) 4:00-5:00 Meet the Artist: Janet Donaghuey (AUD) 4:15 Guided Meditation (GR) 7:00 Film: “Women’s Talking” (AUD)	9:30 News & Views (GR) 1:30 SCAN! Meeting (AUD1) 3:00 Social Stand: Hot Chocolate (AUD) 3:00 Listen to a Poem (GR) 7:30 RPC: Concerts in Care, (AUD)	11:00 Women’s Lives Discussion Group (RR) 2:00 Scrabble (GR) 2:00 Knit with Others (CO) 4:00 Open Art & Craft Studio (CO) 7:00 Film: “Johnny Cash: The Redemption of an American Icon” (RR)
18	19	20	21	22	23	24
10:30 Unitarian Service (RR) 11:00 Church: “Joseph – Technicolor Look into a Dysfunctional Family: Illusion & Brokenness” chaplain John Duyck(AUD) 1:30 Catholic Communion (AUD) 2:00 Matinee Movies: “Music of the Heart” (RR) 3:00 Orchestra (AUD) 7:00 Hymn Sing-Along (RR)	10:00 Quilting and Sewing Repairs 10:00 Spanish Group (GR) 1:30 IAG (RR) 2:00 Scrabble (GR) 2:00 Cards Group (CO) 3:00 Listen to a Story (RR) 3:45 Sing Along (CL) 7:00 Film: “Rain Man” (AUD)	10:00 Visually Disabled Support Group (GR) 1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (GR) 7:00 Joy Macdonald: Schubert (RR)	9:00 Philately Group (CO) 10:15/11:00 Wednesday Worship Rev. David Neelands, Christ Church Anglican (AL with Eucharist/CL) 1:00 Birthday Lunch (MDR) 4:00 Dance Class (FR) 4:00 Ping Pong (GR) 7:00 Joy Macdonald: Schubert (RR)	10:00 Creative Writing (CO) 10:00 Jumbo Knitting (AUD2) 2:15 Bible Discussion: He Helps in our Weaknesses” (RR) 4:15 Guided Meditation (RR) 7:00 Film: “Sarafina!” (AUD)	9:30 News & Views (GR) 7:30 RPC: Noam De Kalo, Vivian Lang Chen, pianist (AUD)	2:00 Scrabble (GR) 2:00 Film: “The Magic of Belle Isle” (RR) 2:00 Knit with Others (CO) 4:00 Open Art & Craft Studio (CO) 7:00 Film: “The Magic of Belle Isle” (RR)
25	26	27	28	29	30	31
10:30 Unitarian Service (RR) 10:45 Church “Joseph” Grace & ReConnection” chaplain John Duyck (AUD) 1:30 Catholic Communion (AUD) 2:00 Movie: “Maudie Maud” (RR) 3:00 Orchestra (AUD) 7:00 Film: Multum in Parvo: The Hidden World of Short Films (RR)	10:00 Quilting and Sewing Repairs (CO) 1:30 The Gardening Club, film to be played (RR) 3:00 Listen to a Story (RR) 3:45 Sing Along (CL) 7:00 Nature & Humanity Film: “A Reindeer Journey” (RR)	1:00 Courtyard Community Tour (RA) 1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD) 2:00-4:00 DVD Library (T) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (RR)	9:00 Philately Group (CO) 10:15/11:00 Wednesday Worship: Rev. Paula Willis, Yorkminster Park Baptist(AL /CL) 1:30 Residents Discussion Group (RR) 4:00 Dance Class (FR) 4:00 Ping Pong (GR) 7:30 RPC: Rebanks Fellows Concert (AUD)	10:00 Writing Memories (CO) 10:00 Jumbo Knitting (AUD2) 2:15 Bible Discussion: “God is in Control” (RR) 4:15 Guided Meditation (GR) 7:00 Nature & Humanity Film: “Machu Picchu” (AUD)	9:30 News & Views (GR) 11:00 Train Your Brain (GR) 3:00 Social Stand: Krispy Kreme Donuts (AUD) 3:00 Listen to a Poem (GR) 7:00 Indigenous Film: “Café Daughter” (AUD) 	1:30 IAG: Film Discussion: “Café Daughter” (AUD) 2:00 Scrabble (GR) 2:00 Knit with Others (CO) 4:00 Open Art & Craft Studio (CO) 7:00 Film: “Searching for Sugar Man” (RR)