



Grace Sweatman, President The Christie Gardens Foundation

In 2015, Grace Sweatman retired from her role as CEO of Christie Gardens that she held for 28 years. Grace is a former Director and past President of the Ontario Long Term Care Association (OLTCA), and currently serves as a Director of the Durham Christian Homes Society.

Practical Dreams

We had a dream — to redesign the Courtyard neighbourhoods and to provide intensive training to staff to see a dramatic change in the culture of care. We also believed we could influence others as they provided care for Elders.

This dream required an injection of one million dollars in funds to get the first two neighbourhoods in place, to select and train staff and to implement a completely new staffing model. With some trepidation we presented the dream, and the million dollar goal to the residents, staff, and friends of Christie Gardens.

In the years since that dream was presented, we have not only achieved the one million dollar goal for this campaign, but through generous giving we were able to provide over \$800,000 in benevolent funding which provides financial support for residents whose need for increased care has created financial hardship. We also had the privilege of providing support for research projects which not only affirmed our vision, but also gave us opportunity to inspire and influence others on the journey.

The journey has just begun. We are so honoured to receive regular and ongoing support from our stakeholders. We continue to explore ways in which we can see this dream reach across our province and indeed beyond. Our Elders are worthy of this commitment.

Thank you for sharing this dream with us.

Our Mission Explained

Our mission is to raise funds to develop programmes that serve elders, inspire peers, influence policy-makers, and foster research and education.

In this our inaugural issue of the Foundation Newsletter, we thought it would be wise to introduce you to our mission, and explain some of the considerations behind it.

"... to raise funds ..."

After some debate we felt that it was best to be bold and plain about our need to raise funds, to be in the position to accomplish the mission.

"... develop programmes that serve elders ... "

Here we set the stage to raise funds for our Capital Campaign, the programme that invests in capital improvements at Christie Gardens, such as our Neighbourhood redevelopment projects.

"... inspire peers ..."

We inspire peers by speaking at conferences, participating in management or governance of peer organizations, and inviting others to tour Christie Gardens to meet our residents and staff.

"... influence policy-makers ..."

We influence policy-makers by sharing our success stories, and as always, showing off our home, our residents, and our team.

"... foster research and education."

We fund and support research studies whenever we feel that the study will contribute to a greater understanding of issues effecting elders. We've had opportunities to participate in dining studies, technology, and most recently we are hosting a group who are conducting a brain study. Our placement programmes are key to our desire to support education — we continually host students in activation, personal support, and nursing. We feel that this is an excellent way to promote our philosophy with those who are beginning their careers.

Grounded in the Past

For a while now we have used the slogan:

"Grounded in the Past. Looking to the Future."

We wrote this after doing some research into the history of the Foundation, in particular the source of our very first bequest.

We have shared previously that in the late 1990's a small not-for-profit retirement residence in Forest Hill closed its doors, sold its property and began to discharge its financial obligations. The final responsibility of its Board of Directors was to disburse the remaining assets to "charities of like objects." That residence was the Julia Greenshields Home.

In their 1906 Annual Report, The Julia Greenshields Home, at the time known as the "Old Folks' Home", described their mission in terms that we understand very well, because their mission aligns so well with our own more than a century later.



"The great desire of the Managers has always been that the Home should not be an Institution, but, as it were, a group of little individual homes gathered for greater convenience and greater economy under one roof."

"Each member of the household has her own comfortable pretty little room, her own meals served to her individually, and yet she is not lonely for she is surrounded by friends; if ill, the Matron and nurse are constantly at hand, and she never has the feelings that she is a lonely unit in a big boarding house, one of the saddest fates that can befall anyone in advancing years."

In everything we do, we are grounded in the past, as we look to the future.

Our Funds

Greatest Need

The Capital Campaign

The Benevolent Fund

Research and Education



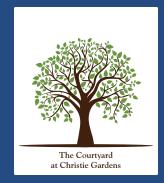
The Capital Campaign

Thanks to the ongoing support of The Christie Gardens Foundation and the generosity of our donors, we are pleased that renovations in the Courtyard Community at Christie Gardens were completed in 2018.

The third neighbourhood, Cedarvale Village, was developed based on the lessons learned from the redevelopment of The Annex and Seaton Village, just a few years prior.

Our new project, "Let's Keep Moving", raises funds for the development of a 2,000 square foot Fitness and Physio Centre on our ground floor.

This project is named to remind us of the need to "keep moving" both as a Foundation, and as a community of elders.



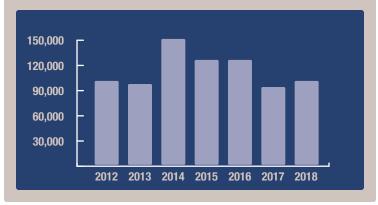


The Christie Gardens Benevolent Fund

Our Benevolent Fund is fully supported by The Christie Gardens Foundation and was established in 2009 to assist our residents who have outlived their financial resources and are unable to cover the full cost of their care.

The Christie Gardens Foundation raises over \$100,000 annually providing charitable support to our residents in financial need.

The Benevolent Fund graciously and discreetly offers support. No one is made to feel isolated or apart from the community of Christie Gardens while receiving a helping hand from the benevolence of others.



Research and Education Opportunities

The Christie Gardens Foundation is pleased to be supporting several research and education opportunities, above and beyond Christie's already vibrant in-house education calendar.



One such study is the CHOICE+ project with the Reseach Institute for Aging (RIA), which tracks the dining environment and services that Christie Gardens offers in our Courtyard Community. The dining experience is such an integral part of socialization, and contributes greatly to wellbeing, that we want to learn all we can about making this experience the best it can be.

Christie is also a sought-after host for many nursing and activation students who are looking to fulfill their placements. We are beginning to expand our placement program and look forward to being a continued influence among the up-and-coming world-changers within the halls of our wonderful college affiliates.

Ways to Give

We accept donations by cheque made payable to The Christie Gardens Foundation, delivered by hand to the Christie Gardens main Reception Desk, or by mail to:

> ATTN: The Christie Gardens Foundation 600 Melita Crescent Toronto, ON M6G 3Z4

One-time or regular monthly donations can be set up through the Canada Helps online service.

A "Donate Now" button can be found on our website.



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You can arrange to donate shares through your financial institution, usually with no fee nor impact on your taxes. Consult your tax advisor or financial institution for more information.

For Christie Gardens residents: regular monthly donations can be made through pre-authorized payments on resident accounts. Contact the Finance Office to arrange.

For more information on ways to give, visit our website at www.christiegardensfoundation.org

Bequests

When it is time to begin planning your estate, you think about the people and institutions that have played a role in your life. As an option we would like you to consider the support you could provide Christie Gardens in the future.

You can help us make a difference by including a charitable bequest in your will or revocable trust. A bequest is easy to arrange:

- your bequest is not payable until death, so it does not affect your assets or cash flow during your lifetime.
- your bequest is private your will is not filed or made public until your death.
- your bequest is revocable you can change the provisions in your will or trust at any time until death.

A bequest can designate a specific gift, for example: "I bequeath the sum of Ten Thousand (\$10,000) Dollars." Or, it can deliver a percentage of the balance remaining in your estate after taxes, for example: "I bequeath ten percent of the residue of my estate."

We are deeply grateful to those friends who, through their will or living trust, make a gift to support Christie Gardens and The Christie Gardens Foundation.

About The Christie Gardens Foundation



President:

Grace Sweatman

Advisory Council:

Joanne Bridle, Paula Neves, Holly Sullivan, Yvonne Sweatman

Past Council Members:

Bruce Schaef, Dr. Ursula Franklin, Heather Janes, Claudia Osmond, Diana Sweatman

for more information about
The Christie Gardens Foundation
including how to make a donation
please visit our website at
www.christiegardensfoundation.org

Gratitude Highlights

